



## PRINCIPAL'S NOTE

Dear CBESS community,  
Body-Mind awareness trainer, Daniel Nillo, will be working with K-12 students on Wednesdays until Spring Break. He was a big hit with students when he came this past Wednesday.  
Please try to have some sort of reflective outwear on when waiting by the side of the road for the bus as it can be dark in the mornings and to help the bus driver see you more clearly.

Erin Gibbs, Principal

## HOT LUNCH MENU

Week of January 14-17, 2019

Monday - Ravioli with white sauce  
Tuesday - Polenta  
Wednesday - Coconut curry & rice  
Thursday - no lunch, SKI/SWIM day

## This past week at the school....

Thank you to Isaac for harvesting bunches of fresh kale & parsley from the school greenhouse for Hot Lunch's vegetable soup on Wednesday.

Gr. 5-7's continue to expand their compassionate communication skills with the support of Laura Douglas on Monday afternoons. They are able to observe a situation, identify feelings, relate a need to their feelings and are starting to make a request in their relationships with others.

## Looking forward...

**Volunteer Orientation** session on Monday, **January 14 at noon**. This session outlines the Code of Conduct and expectations of our volunteers when volunteering with students.

**PAC meeting** Monday **January 14 at 5:30 pm** in the School library. Agenda can be found at <http://pac.crawfordbayschool.ca/2019/01/08/january-2019-agenda/>

RCMP will be at CBESS on Tuesday, **January 15, 2019 from 3:00-5:00 pm to do Records Check (CRC)**. All volunteers need a current CRC annually. If you are not sure if your CRC is current please check with the Office.

Thursday January 17 will be the first of **six (6) swim** and **four (4) ski** days!  
Red Cross swimming lessons for the K-4 students at the Creston Community complex. Ski and snowboarding lessons at Whitewater for grades 4-12 students. Thank you to Rec 9 for the generous bussing grant to make these trips possible.

For the Math application unit in measurement in both Gr. 2-4 and Gr. 5-7 classes we are following design and construction models from Mini Gears and hoping to collect from students: paper rolls, plastic caps and other odds and ends to glue to our constructions.

## Events & News in the District

Indigenous Culture Celebration performance at the Capitol Theatre. All parents and students should contact the Box Office 250-352-6363 to book their seat. Tickets have started to sell for this event, so it is very important that folks get their tickets ASAP to avoid disappointment. <https://capitoltheatre.ca/event/indigenous-culture-celebration/>

The British Columbia Labour Outlook: 2018 Edition can help to support students, teachers and parents to get the most up-to-date information on the occupations and skills that will be in demand in BC over the next ten years. For more information about BC's labour market, please visit WorkBC's web page at: <https://www.workbc.ca/>